



Team Canada Sprint Va'a World Championship Trials Information Package

Saturday May 10th, 2008 – Toronto

Sunday May 11th, 2008 – Penticton

Hosted by:

Toronto Sailing & Canoe Club
Penticton Racing Canoe Club

For more information contact:

Western – Neda Jos : neda@jos.ca
Eastern – Stan Machacek : smach3@sympatico.ca

Trials Information

LOCATIONS

Eastern – Saturday, May 10th, 2008

Location: Toronto Sailing and Canoe Club and adjacent Water Course at the Marilyn Bell Park.

1391 Lakeshore Boulevard West
Toronto, Ontario
M6K 3C1

Check-in registration and boat loading will take place at the TSCC. Paddlers will proceed to the Water Course to execute the time trials.

Western – Sunday, May 11th, 2008

Location: Rotary Park, Tul ce Nuit Lake (west side), Oliver, B.C. (42 km outside of Penticton)
Parking is very limited, additional parking available on 370 avenue at the school. See attached map for directions

Accommodation – See additional information below

SCHEDULE

Eastern:

Check-in Registration: 8:00 am
Trials time: 09:30 am

Trials boats will not be available for warm up. Paddlers will proceed from the TSCC directly to the starting line. A limited number of personal boats could be used for warm up.

Western:

Race setup time: 7:00 a.m.
Race Registrar opening: 8:00 a.m.
Trials time: 9:00 a.m.

Trials boats will not be available for warm up. However, you are welcome to bring and use personal boats for this purpose. Temporary parking, only, is available for unloading and pickup of boats.

REGISTRATION FEES, CORA INSURANCE AND MEMBERSHIP

CORA insurance is mandatory before racing. CORA membership forms will be available at check in for those who have not yet paid.

All participants must be a member of CORA in good standing. For those who are not a member of CORA. Please bring \$20 and be prepared to complete a membership form at check in. A current CORA membership list will be available and confirmed for all participants.

Time trial registration fees were pre-paid during online registration.

NOTICE: No new registrations will be taken at the time trials. Please assure you have registered online and pay registration fees before April 25th.

FORMAT

- CORA Sprint Council selection found in Appendix 1. PLEASE READ.
- The time trials will be run in heats with three boats per heat.
- Cockpit style C-Lions will be used for V1. Sit on top C-Lions will be used for OC1
- Selection times (see Appendix 1)
- All V1 / OC1 will be standardized in rigging.
- IVF race rules will be in effect.
- Lanes are assigned randomly.
- Lane assignments are as described for heats.

RACE ORDER

Easten: Order of Heats

Senior Master men then women
Junior 16 men then women
Junior 19 men then women
Master men then women
Golden Master men then women
OPEN men then women

OC1 - 500 m
Break

V1 - 500 m

Western: Tentative Schedule . Confirmation April 28th.

Initial Schedule for Lake Tul ce Nuit - May 11th			
Time	Event: 500m	Time	Event: 500m
8:00-8:45	Warm up Women		
9:00	Women V1 Heat 1	1:00	Women OC1 Heat 1
9:05	Women V1 Heat 2	1:05	Women OC1 Heat 2
9:10	Women V1 Heat 3	1:10	Women OC1 Heat 3
9:20	Women V1 Heat 4	1:20	Women OC1 Heat 4
9:25	Women V1 Heat 5	1:25	Women OC1 Heat 5
9:30	Women V1 Heat 6	1:30	Women OC1 Heat 6
9:40	Women V1 Heat 7	1:40	Women OC1 Heat 7
9:45	Women V1 Heat 8	1:45	Women OC1 Heat 8
9:50	Women V1 Heat 9	1:50	Women OC1 Heat 9
		1:55	Women OC1 Heat 10
9:30-10:15	Warm up Men		
10:30	Men V1 Heat 1	2:10	Men OC1 Heat 1
10:35	Men V1 Heat 2	2:15	Men OC1 Heat 2
10:40	Men V1 Heat 3	2:20	Men OC1 Heat 3
10:50	Men V1 Heat 4	2:30	Men OC1 Heat 4
10:55	Men V1 Heat 5	2:35	Men OC1 Heat 5
11:00	Men V1 Heat 6	2:40	Men OC1 Heat 6
11:10	Men V1 Heat 7	2:50	Men OC1 Heat 7
11:15	Men V1 Heat 8	2:55	Men OC1 Heat 8
11:20	Men V1 Heat 9	3:00	Men OC1 Heat 9
11:30	Men V1 Heat 10	3:10	Men OC1 Heat 10
11:35	Men V1 Heat 11	3:15	Men OC1 Heat 11
11:40	Men V1 Heat 12	3:20	Men OC1 Heat 12
11:45	Men V1 Heat 13	3:30	Men OC1 Heat 13
		3:35	Men OC1 Heat 14
12-1 Break	Add rudders	3:40	Men OC1 Heat 15

Final Selection Process for Sacramento 2008 Team Canada – Appendix 1

Sprint Council: John Roberts, Sheila Kuyper, Donna Harrison

Area Sprint Reps: Nancy Telford (Interior) Cindy Wright (Island) Daphne Brockington (Lower Mainland), Sheila Kuyper (Eastern Zone)

Area Coordinator: Lynda Roberts **Canada Team Coach:** Kamini Jain

GOALS

- Create a process that will build interest in making the team
- Give all paddlers an equal chance of making the team
- Build the strongest possible TEAM CANADA 2008

MAKING THE TEAM

- Have a valid CORA MEMBERSHIP
- Register your intent to compete for a spot on the team (see below)
- Attend the East or West Qualifier regatta in the May 2008

Canada is allotted 6 V-6 spots for each age group. The number of V-1 spots varies (3-5) with category, depending on category and past Canadian performance. The number of V-1 spots available are in Table 1. There are 6 age groups for both men and women. Thus total maximum numbers of paddlers on the team can be: 6 age groups x 2 sexes x 6 crews x 6per crew = 432 paddlers (assuming all V1 paddlers also paddle V6).

Table 1: Number of V-1 entries available by category.

Category				Standard	Canada
1	V1	Adaptive Women--new event	500 Meters	4	4
2	V1	Adaptive Men -- new event	500 Meters	4	4
3	V1	Golden Master Women (55)	500 Meters	4	5
4	V1	Golden Master Men (60)	500 Meters	4	5
5	V1	Junior Women (16)	500 Meters	4	4
6	V1	Junior Men (16)	500 Meters	4	4
7	V1	Senior Master Women (45)	500 Meters	4	4

8	V1	Senior Master Men (50)	500 Meters	4	4
9	V1	Junior Women (19)	500 Meters	4	4
10	V1	Junior Men (19)	500 Meters	4	4
11	V1	Master Women (35)	500 Meters	4	5
12	V1	Master Men (40)	500 Meters	4	4
13	V1	Open Women	500 Meters	2	3
14	V1	Open Men	500 Meters	2	3

IMPORTANT: FINAL INTENT TO COMPETE

All paddlers need to confirm their final intent to race to Lynda Roberts CanadaAC@canadaoutriggersprints.com by **April 25**. A request will be emailed to all registered paddlers in late March or early April. Information required will be:

- Intent to complete as Club crew? (**club name, 6 paddlers named**)
- Intent to compete for Canada crews? **Will be required to time trial OC1**
- Intent to compete for V-1 entries? **Will be required to time trial V1**
- All age classes in which qualification is sought for above.

V-1 Qualification Process

As there will be Eastern and Western Trials, complete fairness in V-1 selections cannot be guaranteed but will be aimed for. Selection will be made based on race placing, times relative to time standards (Table 2) and proportion of competitors in each region (East and West). Spots will be allocated according to the following procedure:

1. Available spots will be allocated according proportion of competitors per division in each region submitting their final intent to race. This information will be available after **April 25**. Spots will be rounded to the closest whole number.

Example: If there are 2 masters men registered in the East and 12 in the West, the Eastern proportion is 14% which would provide this region with one of the four available spots, if all other criteria are met.

2. The minimum time standards in Table 2 must be attained to qualify for a V-1 entry according to the above regional allocation. Efforts will be made to take course conditions on race day into account and standards may be adjusted for one set of trials if conditions are overly favorable or difficult. If one zone has paddlers who meet the minimum standard but fail to finish within the number of allocated spots to that region and the other zone fails to have enough paddlers meeting the minimum standard to fill their spots, the paddler

meeting the standard would be awarded the spot.

Example: If each zone has 2 spots each allocated to it and the second place finisher in one zone does not meet the standard and the third place finisher in the other zone does then the paddler meeting the standard gets the spot.

3. A ranking list for each category will be made based on time attained and conditions on course which will be used to allocate spots left if less paddlers attain the time standard than spots available. Taking into account conditions on the course is far from an accurate factor but will be attempted if conditions are noticeably favorable in one region. See page 4 for protest procedure.

Example: If there are 7 Golden Master women trying out for V-1 (1 East / 6 West) with 5 spots available and only 3 of them attain the standard. The other 2 names will be the top 2 on the ranking list, regardless of region. We have 5 spots to fill.

4. If a paddler with an entry forfeits their entry, their position will be awarded to the next ranking paddler on the ranking list.

Example: Seven Golden Master women trial and the top 5 are awarded World entries. If one drops out, the next in rank will be offered the position.

5. Paddlers wishing to compete in more than one age class for V-1 must trial in all sought age classes if the classes are not trialed together.

Table 2: Minimum V-1 time standards for 500m. These times represent the predicted time needed to make the semi finals in each division. These times are predicted to be approximately 15 sec off the time needed to reach the podium.

	MEN	WOMEN
16 & Under	2:38	2:56
19 & Under	2:29	2:51
Open	2:26	2:46
Master	2:33	2:51
Sr Masters	2:37	2:55
Golden Masters	2:45	3:01

V-6 Qualification Process (Open, Masters, Senior Masters and Golden Masters divisions)

1. CANADA I and CANADA II CREWS (V-6 500m and 1000 or 1500m)

Competition for the 12 seats will be in ruddered OC-1's. Following the trials, the coach will make every effort to create the best possible crews based on the results, regardless of region from which paddlers come from. This is a challenging task as proximity in living makes for better training and team building. However, in some cases, the strength of a paddler will warrant combining them with more distantly-living paddlers to add strength to that group. In this case, paddlers will be expected to be in Sacramento for the pre-event crew training days (August 1-4). Having complete crews from the same region will be favored if differences in paddler speed are marginal or technique appears to be vastly different. Race times and conditions at each region will be compared and racers will be ranked, regardless of region. Steers people may be chosen independently of trials results as OC-1 racing and V-6 steering do not include the same skill set. See page 4 for protest procedure.

Providing races do not present a scheduling clash at Worlds, racers can race down an age class (or up for Juniors) and will be selected for crews ahead of slower competitors within that class. **Racers must submit all the classes they wish to compete in prior to the trials on their *Final Intent to Compete* email** and may be slotted to trial against the predicted tougher class for the trials. Trialing in more than one age class will not be necessary, but is permissible, scheduling permitting.

Example: A senior masters paddler wishes to compete in open, masters and senior masters and masters is predicted, based on entries, to be the most competitive class. The paddler must declare their desire to gain entries for these classes on their final intent to compete form and may be entered to compete in the masters class with their performance there being used for selection in the other 2 classes also.

2. CLUB CREW (V-6 500m and 1000 or 1500m)

The remaining 4 V-6 crew spots go to the top 2 club crews in each of the east and west qualifiers. If one zone has insufficient entries to fill the 2 spots then the remaining spots go to the other region. If there are 2 or less entries/region, or less than 4 entries Nationwide, there will be no V-6 race-off. Deadline for registering a club crew is **April 25**. If a race-off is needed, crews will be notified and the race-off will be held at the scheduled trials. If no race-off is needed, members of the club crews in the given category would not need to attend trials, unless V-1 entries are sought or they would like to gain the race experience or vie for a position on a Canada crew. A crew can register as a club crew in multiple age classes.

Notes:

1. If members of a club crew also qualify for Canada I or II and choose to participate in the Canada crew, the club crew is allowed to make substitutions for the members they lose. They can take these replacements from the OC-1 ranking list or not. If asked, the head coach will provide guidance on suitable replacements from the ranking list. Crews have until **May 25** to submit replacements to the head coach. If paddlers moving from a club

crew to a Canada crew, folds a crew, the next crew in line will receive the entry.

2. Paddlers selected to Canada crews will be notified by **May 15** and will have until **May 18** to notify the head coach of their acceptance of their position. If a position is declined, the next paddler will be moved up.
3. If there are less than 4 club crews per division and enough additional individuals who wish to race V-6 but have not been named to Canada I or Canada II, a Canada III crew will be named.
4. Members of a club crew do not need to be from the same club.

V-12 Qualification Process (Open, Masters, Senior Masters and Golden Masters divisions)

The predicted top 2 V-6 crews and next 2 V-6 crews will be combined to form the V-12 crews regardless of whether they are club or Canada crews. The prediction will be based upon trial OC-1 results. Any two crews who train proximally and can present that they will train as a specific V-12 crew may be named a crew, regardless of ranking if seen by the head coach as a route to better ultimate performance in the event.

Protest Procedure

The format of regional qualifiers has been implemented to make participation at trials convenient and inexpensive for most paddlers. However, this division does present obvious challenges in comparing performances at different regions. Efforts will be made to make assessments of conditions as objective as possible with video and wind gauges on each course. However, it is expected that paddler disgruntlement may arise from the selection committee's assessment of conditions at each course influencing the awarding of V-1 positions and/or the OC-1 ranking list. Furthermore, in the creating of Canada crews such parameters as crew proximity may be considered in crew selection which may be contentious. In the case of protest, a paddler may submit their protest by email to the Canada Team Coach no more than 2 days after team lists have been sent out. In the case that a protest is considered worthy, no other solution is possible, and the selection committee deems it appropriate, it will be up to the protester to travel to a race-off with the paddler they would replace for V-1 and to the region of the majority of the crew for a seat race for V-6.

Head Coach and Other Coaching Responsibilities

The Canada Team Coach is a professional coach who has coaching responsibilities at a club level and competitor level that could be construed to create conflicts of interest. Team selection for all categories, but specific emphasis on open and masters men and women, will be verified as fair by the selection committee to be comprised of the Sprint Council and Area Coordinator.

QUALIFYING REGATTAS

Western Qualifier - To be held at Oliver, B.C. – May 11th (details to be announced in April)
V1 / OC1 – C-Lions V6 – TBD

Eastern Qualifier – To be held at Toronto, Ont. – May 10th (details to be announced in April)

If a paddler is unable to attend the trials for a valid reason, then the committee** can award a spot on the V-1 and Team Canada squad if the following conditions are met:

1- He/She has clearly demonstrated to be the dominate paddler in his/her division, and has a verified time* that puts him/her clearly ahead of the peer group. This exception can only be for someone who is the #1 or a very close #2 in the division.

AND

2- At the training camp (if held) a person demonstrates the ability described in the first point.

OR

3- If available spots are not all filled due to insufficient participant at the qualifier, and the coach(es) determine the paddler to be a dominate paddler in his/her division with a verified time*

4- A request to receive an exemption is made in writing to sprint2012@canadianoutrigger.com before the 1st of May.

*verified time taken on a measured course

** Committee to be the coach(es) and the Cora Sprint Council

Western Trials – Directions and Accommodations

Directions to Lake Tul ce Nuit:

From Penticton –

Go south on Hwy 3, traveling through Kaledan, and Okanagan Falls. Approximately 20 –25 min. from Penticton, just past Gallagher Lake Resort, on your left, you will come to Tul ce Nuit Road. Turn left onto this road and follow it for an additional 5 min. Turn right onto 370 Avenue. Turn right on 81st St. Approx. 500m you will see Rotary Park on your right.

From Vancouver –

Go to this link on Map Quest

<http://www.mapquest.com/maps/Vancouver+BC/Oliver+BC/>

This will get you to Oliver.

Once in Oliver, from the main street (highway), turn left onto 356 Avenue (stoplight at intersection). Continue east through the 5 way intersection. This will put you onto 350 Avenue, which becomes 79 St. Turn left onto 370 Avenue. Turn right onto 81st.

Accommodation:

This link has some good information:

<http://www.outbackevents.ca/Oliver%20Half%20Web%20Site/Accommodations.htm>

The Lakeside Resort is directly beside the race venue. They have some cabana's available, and lots of campsites. Call reservations 1-800-220-7330, or email: sales@lakeside.bc.ca . Please tell them you are with CORA Sacramento trials group.

PRCC Duel in the Desert – May 10th, Skaha Lake, Penticton

The Penticton Racing Canoe Club will be holding their annual Duel in the Desert first iron race of the season the Saturday prior to Time trials. If you are interesting in participating in this 18km race or cheering on the finishers, please contact Neda Jos at neda@jos.ca for more information.